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New 2017 Essentials Range

The Essentials range is the Piedro stock collection of Children’s Therapy footwear, supplied in 2-3 working days.

If ordered with adaptions these are supplied within 10 working days. Split sizes are subject to a surcharge and are usually supplied in 2-3 days.

Our Essentials collection represents the models held in our extensive stock with options in all four of our therapy styles:

- Rehabilitation
- Stability
- AFO
- Reverse Lasted

Ordering from our stock Essentials range means short delivery times. The stock consists of a wide range of models and colours, each designed for a specific therapy style, size and width.

Unused/unworn item(s) can be returned to us in their original packaging within 30 days from the date of despatch for a refund or exchange.
What is Piedro® Orthopaedic Therapy Footwear?

Piedro® is a range of specially designed Orthopaedic Therapy footwear for children, including boots, trainers and sandals. The Footwear is intended to provide additional support to the foot, enhance the foot position, accommodate an orthosis, or help to relieve the discomfort suffered with many foot and ankle disorders. Piedro® footwear includes medial and lateral stiffeners, allows extra depth, width and toe box depth.

Orthopaedic Therapy Footwear is designed as an adjunct to the treatment of a variety of foot and ankle disorders, primarily to help provide extra support to the foot and ankle. Orthopaedic Therapy Footwear may be beneficial for those presenting with neurological disorders including Cerebral Palsy, Spina Bifida, Muscular Dystrophy and presentations of hypotonia/dystonia. It can also be suitable as part of a therapeutic approach to improve other foot and ankle problems such as joint hypermobility syndrome, talipes equinovarus, hyperpronation or pes planus. Other indications for Orthopaedic Therapy Footwear may include unilateral or bilateral orthoses (such as an AFO), or specialised insoles that are not correctly or comfortably accommodated in other footwear.

And what do we know?

When it comes to therapeutic footwear, Piedro® has 60 years experience in this specialist field, as designer and manufacturer of orthopaedic therapeutic footwear for both children and adults. Piedro® has one of the most modern and innovative collections of children’s orthopaedic footwear on the market. We use colourful designs, fun prints and a wide combination of colours - all available in 4 different therapy styles, including AFO and Reverse Lasted. To compliment our footwear collection Piedro® also offers insoles / inlays, both off-the-shelf and custom. The insoles / inlays are made on the same lasts as our footwear for a perfect fit.
Welcome to the Piedro® 4-Step Process. An easy to follow, Step by Step guide to select the perfect pair of Piedro® Footwear.

1. Choose your support style
   Piedro® offers 4 different types of footwear – each differs in their therapy style and the level of support and stability they offer. If you are unsure which support style you require, please proceed to pages 6 - 7 where you can find detailed information including diagrams and indications for use to help you choose.

   Once you have identified the support style you need, proceed to Step 2.

2. Choose your model
   Once you have made your selection, please proceed to Step 3.

3. Measure the foot length & foot width
   If you already know your foot length and width required then proceed to Step 4.
   If you need to know more about how to measure for Piedro® footwear then proceed to page 12.

   Once you have found a model and determined the required size and width, please proceed to Step 4.

4. Adoptions, Insoles or both?
   If the footwear chosen does not require adaptions or insoles then please proceed to Step 5.

   Insoles
   If you require insoles you can add these to your order – Insoles will be made to fit your Piedro footwear perfectly and sent to you with your order. Piedro offers a choice of insole / inlay styles.
   More information on these can be found on pages 42 - 49.

   Adoptions
   For our Essentials range, significant adaptions can still be made to your footwear, please just specify your requirement and allow the additional time for delivery. For a full list of our adaptions please turn to pages 50 - 51 of our catalogue for more information.

   Once you have made your selections please proceed to Step 5.

5. Place your Order
   Now you should have all of the information required to place your order! Footwear support style, shoe size, width, model number, colour of chosen footwear, product codes and names of any adaptions and inlays. You can easily place your order by calling, faxing or emailing the order form. You can find the order form on page 53.
4-Step Process

Step 1

1. Soft padding around the collar for a better fit
2. Extended stiffeners for better medial and lateral stability
3. Full leather insole
4. Easily removable and adaptable (hard-wearing) sole-unit
5. Sufficient toe-spring for easy roll-off

Features:
- Made on extra depth lasts
- Extended medial and lateral heel stiffeners to provide extra foot support
- Removable, anatomically shaped footbeds
- Adaptable

Indications for use:
- Children who need footwear with extra support
- Neuro-physiological problems
- Varus or valgus instability
- Painful or pressure sensitive feet
- To accommodate insoles

1. Soft padding around the collar for a better fit
2. A high and extra long stiffener to support the ankle
3. Full leather insole
4. Easily removable and adaptable (hard-wearing) sole-unit
5. Sufficient toe-spring for easy roll-off

6. Removable profiled cork inlay, inside shoe
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Extra padding around the ankle for more comfort
10. Soft tongue padding to mould the shoe round the foot

Rehabilitation

Features:
- Made on extra depth lasts
- Extended medial and lateral heel stiffeners to provide extra foot support
- Removable, anatomically shaped footbeds
- Adaptable

Indications for use:
- Children who need footwear with extra support
- Neuro-physiological problems
- Varus or valgus instability
- Painful or pressure sensitive feet
- To accommodate insoles

1. Soft padding around the collar for a better fit
2. Extended stiffeners for better medial and lateral stability
3. Full leather insole
4. Easily removable and adaptable (hard-wearing) sole-unit
5. Sufficient toe-spring for easy roll-off

6. Removable profiled cork inlay, inside shoe
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Extra padding around the ankle for more comfort
10. Soft tongue padding to mould the shoe round the foot

Stability

Features:
- Fixates the subtalar joints and stabilises the talocrural joint
- Made on extra depth lasts
- High and extended heel stiffeners
- Removable, anatomical footbeds
- Adaptable

Indications for use:
- Children who need footwear with extra support
- Feet with extreme valgus or varus instability
- Severe Cerebral Palsy (CP)
- Partial or complete paralysis of the malleolus area
- Limited dorsi-flexion
- Deterioration of the talocrural joint
- Problems with ligaments in the lower limbs
- Painful or pressure sensitive feet
- To accommodate insoles

1. Soft padding around the collar for a better fit
2. A high and extra long stiffener to support the ankle
3. Full leather insole
4. Easily removable and adaptable (hard-wearing) sole-unit
5. Sufficient toe-spring for easy roll-off

6. Removable profiled cork inlay, inside shoe
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Extra padding around the ankle for more comfort
10. Soft tongue padding to mould the shoe round the foot
**4-Step Process**

**Step 1**

1. Soft padding around the collar to fix the AFO
2. Special shaped extended heel stiffener moulded to fit the AFO
3. Full leather flat insole to allow the AFO to sit at a 90° angle
4. Easily removable and adaptable lightweight sole-unit with anti-pronation function
5. Hard-wearing removable anti-slip full rubber sole layer

6. Sufficient toe-spring for easy roll-off
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Soft tongue padding to mould the shoe round the foot
10. AFO.

**Features:**
- Made on specialist footwear lasts to ensure the correct position of the lower limb is at 90°
- Additional space provided at the front and heel
- Can accommodate stock or custom Ankle Foot Orthosis (AFO)
- Adaptable

**Indications for use:**
- To accommodate an Ankle Foot Orthosis (AFO)
- To accommodate an inner-shoe such as a Rainier Boot or Arizona splint for example

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**Reverse Lasted**

**Features:**
- Specialist last shape
- Extended medial stiffener to prevent the foot progressing further into adduction
- Made on extra depth lasts
- Removable anatomical footbeds
- Adaptable

**Indications for use:**
- Clubfoot or to stabilise the post-operative clubfoot
- Extreme varus and / or adduction of the foot
- To correct the peak position in the upper tarsal joint (*pes equino-varus*)
- To correct varus tilting in the lower tarsal joint and further metatarsal area (*pes varus*)
- To stimulate abduction of the mid and forefoot
- To improve toe-off

6. Removable profiled cork inlay, inside shoe
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Extra padding around the ankle for more comfort
10. Soft tongue padding to mould the shoe round the foot
## Piedro® Footwear Size and Width Conversion Chart

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The sizing data in the table on page 8 - 9, are measurements of the foot. All footwear is provided with a 6mm removable inlay/insole.
## Piedro® Footwear Size and Width Conversion Chart

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The sizing data in the table on page 10 - 11, are measurements of the last. All AFO footwear is provided without a inlay/insole.

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<th>Narrow Short heel Circ. (mm) (fig. D)</th>
<th>Regular Joint Width (mm) (fig. B)</th>
<th>Regular Joint Circ. (mm) (fig. A)</th>
<th>Regular Short heel Circ. (mm) (fig. D)</th>
<th>Wide Joint Width (mm) (fig. B)</th>
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4-Step Process

Step 3

How to find your Shoe Size:

Look at the four diagrams (Fig. A, Fig. B, Fig. C & Fig. D) to see where you need to measure for foot circumference, width and length. Take these four measurements (as shown) in millimeters and make a note of them for later. Take your length measurement using the chart on page 8-11, scroll down the left hand ‘FootLength’ column until you see the closest measurement to the one you have taken.

Next work your way across the page until you find the closest width size to match your width measurement, follow this all the way to the top column and this will give you the width required. Now you have all of the measurements you need to make your Piedro® Footwear selection.

If you need any help or advice with Piedro® footwear sizing, please contact our Customer Services Team on +31 (0) 10 521 52 11 who are happy to help.

Piedro® also have a footwear measuring stick available to purchase. Use of the Piedro® foot measure (code 99001) obviates the need to account for growth or weight bearing variances.

Split Sizes can be supplied from stock, surcharge applies.

Piedro® footwear is available in 32 sizes, from 15 to 46 with each model available in up to 8 width fittings. It is really easy to work out exactly what size and width you need using our conversion charts table on pages 8 - 11.

Measure your shoe size & foot width

Fig A. Joint circumference

Fig B. Joint width measurement

Fig C. Length measurement

Fig D. Short heel circumference
How to measure for Piedro® Footwear

Using the Piedro Calibrated Foot Measure
1. Position the foot on the measure non-weight bearing and move the slider up to the longest toe
2. Read the shoe size required in green at the arrow
3. Move the tape slider to the widest part of the foot and measure the joint circumference around this point
4. Next reposition the foot sideways and move the slider up to the widest part of the foot and measure the joint width in mm in the pink section
5. Compare these 3 measures, size first, to the conversion chart and choose the closest shoe width to your measures (For AFO Footwear, measure over the AFO and use the AFO conversion chart)

Using an alternative Non Calibrated Foot Stick
1. Position the foot on the stick non-weight bearing and move the slider up to the longest toe
2. Read the English foot length size and add 3 sizes (24mm). Move the slider down to this measure and read the European shoe size required from the scale on the left. If measuring weight bearing, add only 2 sizes and follow the same process
3. Wrap a tape measure around to the widest part of the foot and measure the joint circumference around this point
4. Next reposition the foot sideways and move the slider up to the widest part of the foot and measure the joint width in mm from the back of the stick
5. Compare these 3 measures, size first, to the conversion chart and choose the closest shoe width to your measures

Using the Piedro Calibrated Foot Stick
1. Position the foot on the stick non-weight bearing and move the slider up to the longest toe
2. Read the foot length in mm and add 14mm (7mm for WB & 7mm growth room). Move the slider down to this measure and read the shoe size required from the scale on the left. If measuring weight bearing, add only 7mm growth room and follow the same process
3. Wrap a tape measure around to the widest part of the foot and measure the joint circumference around this point
4. Next reposition the foot sideways and move the slider up to the widest part of the foot and measure the joint width in mm in the pink section
5. Compare these 3 measures, size first, to the conversion chart and choose the closest shoe width to your measures (For AFO Footwear, measure over the AFO and use the AFO conversion chart)
4. Adaptations and insoles

Insoles
If you require insoles you can add these to your order – Insoles will be made to fit your Piedro footwear perfectly and sent to you with your order. Piedro offers a choice of insole / inlay styles.

More information on these can be found on pages 42 - 49.

Adaptions
For our Essentials range, significant adaptions can still be made to your footwear, please just specify your requirement and allow the additional time for delivery. For a full list of our adaptions please turn to pages 50 - 51 of our catalogue for more information.

Once you have made your selections please proceed to Step 5.

5. Place your order

You can call, email, fax, post or place your order online!

+ 31 (0) 10 521 52 11
+31 (0) 10 521 49 61
www.piedro.com
piedro@piedro.nl

Piedro International BV
Jan van der Heijdenstraat 18-20
2665JA Bleiswijk
The Netherlands
Piedro® rehabilitation shoes are made on extra depth lasts. They provide extra support through medial and lateral extended heel stiffeners and include a removable, anatomically shaped full length footbed.

The therapy style of Piedro's® rehabilitation footwear is fully adaptable to patient needs.

**Features:**
- Made on extra depth lasts
- Extended medial and lateral heel stiffeners to provide extra foot support
- Removable, anatomically shaped footbeds
- Adaptable

**Indications for use:**
- Children who need footwear with extra support
- Neuro-physiological problems
- Varus or valgus instability
- Painful or pressure sensitive feet
- To accommodate orthosis

1. Soft padding around the collar for a better fit
2. Extended stiffeners for better medial and lateral stability
3. Full leather insole
4. Easily removable and adaptable (hard-wearing) sole-unit
5. Sufficient toe-spring for easy roll-off
6. Removable profiled cork inlay, inside shoe
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Extra padding around the ankle for more comfort
10. Soft tongue padding to mould the shoe round the foot
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

Material: Leather - White
Construction Method: Cemented

Material: Patent Nubuck - Fuchsia
Construction Method: Cemented

Material: Nubuck - Brown
Construction Method: Cemented

Material: Leather - Dark Brown Combi
Construction Method: Cemented

New models available when old stock is depleted.
Rehabilitation 18 - 36 months

Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

New models available when old stock is depleted.

**Rehabilitation 18-36 months**

**Material:** Leather - Blue
**Construction Method:** Stitchdown
*While stock lasts.*

**Code:** 2338.5600
- **Fastening:** Lace
- **Size:** 18-29
- **Width:** 2⅛, 4⅛, 6⅛

**Material:** Leather, Rubber toe & heel - Blue
**Construction Method:** Stitchdown

**Code:** 2340.5600
- **Fastening:** Lace
- **Size:** 18-29
- **Width:** 2⅛, 4⅛, 6⅛

**New!**

**Material:** Leather - Black
**Construction Method:** Stitchdown
*While stock lasts.*

**Code:** 2338.9800
- **Fastening:** Lace
- **Size:** 18-29
- **Width:** 2⅛, 4⅛, 6⅛

**Material:** Leather, Rubber toe & heel - Black
**Construction Method:** Stitchdown

**Code:** 2342.9885
- **Fastening:** Lace
- **Size:** 18-29
- **Width:** 2⅛, 4⅛, 6⅛

**New!**
Rehabilitation
18 - 36 months

Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

Material: Nubuck - Jeans
Construction Method: Stitchdown

Material: Leather - Dark Blue
Construction Method: Stitchdown

Material: Patent - Black
Construction Method: Stitchdown

Material: Leather Nubuck - Fuchsia
Construction Method: Stitchdown

Material: Patent - Black
Construction Method: Stitchdown

Material: Leather Nubuck - Fuchsia
Construction Method: Stitchdown

---

Material: Leather Nubuck - Fuchsia
Construction Method: Stitchdown

New!
Please include the article code, therapy style, fastening, size and width when you place your order.

New models available when old stock is depleted.

- **Code: 2330.5302**
  - Therapy: Rehabilitation
  - Fastening: Velcro
  - Size: 18 - 29
  - Width: 2½, 4½, 6½

- **Code: 2373.5680**
  - Therapy: Rehabilitation
  - Fastening: Velcro
  - Size: 18 - 29
  - Width: 2½, 4½, 6½

- **Code: 2330.9800**
  - Therapy: Rehabilitation
  - Fastening: Velcro
  - Size: 18 - 29
  - Width: 2½, 4½, 6½

- **Code: 2377.9800**
  - Therapy: Rehabilitation
  - Fastening: Velcro
  - Size: 18 - 29
  - Width: 2½, 4½, 6½

- **Code: 2300.4500**
  - Therapy: Rehabilitation
  - Fastening: Lace
  - Size: 18 - 29
  - Width: 2½, 4½, 6½

- **Code: 2375.4500**
  - Therapy: Rehabilitation
  - Fastening: Velcro
  - Size: 18 - 29
  - Width: 2½, 4½, 6½

- **Material: Nubuck - Jeans**
  - Construction Method: Stitchdown
  - *While stock lasts.*

- **Material: Leather - Blue**
  - Construction Method: Stitchdown

- **Material: Leather - Black**
  - Construction Method: Stitchdown
  - *While stock lasts.*

- **Material: Leather - Purple**
  - Construction Method: Stitchdown
  - *Available to order now.*

Contact:
- piedro@piedro.nl
- +31 (0) 10 521 52 11
- www.piedro.com
Please include the article code, therapy style, fastening, size and width when you place your order.

**Rehabilitation**
18 - 36 months

- **Material:** Nubuck - Blue
  - **Construction Method:** Stitch Through
  - **Code:** 2266.5602
  - **Fastening:** Lace
  - **SIZES:** 18 - 26
  - **WIDE:** ½, ¼, ½

- **Material:** Nubuck - Purple
  - **Construction Method:** Stitch Through
  - **Code:** 2266.4502
  - **Fastening:** Lace
  - **SIZES:** 18 - 26
  - **WIDE:** ½, ¼, ½

- **Material:** Nubuck - Fuchsia
  - **Construction Method:** Stitch Through
  - **Code:** 2266.0102
  - **Fastening:** Lace
  - **SIZES:** 18 - 26
  - **WIDE:** ½, ¼, ½

- **Material:** Nubuck - Black
  - **Construction Method:** Stitch Through
  - **Code:** 2266.9802
  - **Fastening:** Lace
  - **SIZES:** 18 - 26
  - **WIDE:** ½, ¼, ½
Please include the article code, therapy style, fastening, size and width when you place your order.
Rehabilitation

Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

Code: 2478.0102
Rehabilitation
Fastening: Lace
18 - 39
1¼ to 7½

Material: Nubuck - Fuchsia
Construction Method: Stitchdown

While stock lasts.

Code: 2480.0102
Rehabilitation
Fastening: Lace
18 - 39
1¼ to 7½

Material: Leather & Nubuck - Fuchsia
Construction Method: Stitchdown

New!

Code: 2472.0102
Rehabilitation
Fastening: Velcro
18 - 39
1¼ to 7½

Material: Nubuck - Fuchsia
Construction Method: Stitchdown

While stock lasts.

Code: 2485.0102
Rehabilitation
Fastening: Velcro
18 - 39
1¼ to 7½

Material: Leather & Nubuck - Fuchsia
Construction Method: Stitchdown

New!

Code: 2475.9800
Rehabilitation
Fastening: Velcro
18 - 42
1¼ to 7½

Material: Leather - Black
Construction Method: Stitchdown

While stock lasts.

Code: 2485.9800
Rehabilitation
Fastening: Velcro
18 - 42
1¼ to 8½

Material: Leather - Black
Construction Method: Stitchdown

New!
Please include the article code, therapy style, fastening, size and width when you place your order.

**Rehabilitation**

- **Code:** 2472.9837
  - Material: Leather with Croc - Black
  - Construction Method: Stitchdown
  - Fastening: Velcro
  - Size: 24-39
  - Width: 2½, 4½, 6½

- **Code:** 2475.9804
  - Material: Nubuck - Black
  - Construction Method: Stitchdown
  - Fastening: Velcro
  - Size: 18-26
  - Width: 1½ to 7½

- **Code:** 2471.1504
  - Material: Nubuck - Brown
  - Construction Method: Stitchdown
  - Fastening: Lace
  - Size: 18-42
  - Width: 1½ to 7½

- **Code:** 2471.9804
  - Material: Nubuck - Black
  - Construction Method: Stitchdown
  - Fastening: Lace
  - Size: 18-39
  - Width: 1½ to 7½

- **Code:** 2475.5604
  - Material: Nubuck - Blue
  - Construction Method: Stitchdown
  - Fastening: Velcro
  - Size: 18-42
  - Width: 1½ to 7½

- **Code:** 2485.5602
  - Material: Leather Nubuck - Dark Blue
  - Construction Method: Stitchdown
  - Fastening: Velcro
  - Size: 18-42
  - Width: 1½ to 7½

---

**Contact:**

- [piedro@piedro.nl](mailto:piedro@piedro.nl)
- +31 (0) 10 521 52 11
- [www.piedro.com](http://www.piedro.com)
Please include the article code, therapy style, fastening, size and width when you place your order.
Stability

Piedro® stability footwear has a high and extended heel stiffener. This fixates the subtalar joint and stabilises the talo-crural joint. The extra depth last gives enough space for the removable Piedro® stability footbed which can be replaced by individual orthotics. The unique sole construction enables the specialist to detach the sole unit from the upper part, which makes it possible to do adjustments to the sole unit.

Features:
- Fixates the subtalar joints and stabilises the talocrural joint
- Made on extra depth lasts
- High and extended heel stiffeners
- Removable, anatomical footbeds
- Adaptable

Indications for use:
- Children who need footwear with extra support
- Feet with extreme valgus or varus instability
- Severe Cerebral Palsy (CP)
- Partial or complete paralysis of the malleolus area
- Limited dorsi-flexion
- Deterioration of the talocrural joint
- Problems with ligaments in the lower limbs
- Painful or pressure sensitive feet
- To accommodate orthosis

1. Soft padding around the heel collar for a better fit
2. A high and extra long stiffener to support the ankle
3. Full leather insole
4. Easily removable and adaptable (hard-wearing) sole-unit
5. Sufficient toe-spring for easy roll-off
6. Removable profiled cork inlay, inside shoe
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Extra padding around the ankle for more comfort
10. Soft tongue padding to mould the shoe round the foot
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

Stability

Material: Leather - Black
Construction Method: Stitchdown

Material: Leather - Black
Construction Method: Stitchdown

Material: Nubuck - Blue
Construction Method: Stitchdown

Material: Nubuck - Blue
Construction Method: Stitchdown

Code: 2571.9800
Stability
Fastening: Lace
22 - 39
5½

Code: 2580.9800
Stability
Fastening: Lace
22 - 39
4½, 6½

Code: 2571.5604
Stability
Fastening: Lace
22 - 39
5½

Code: 2580.5602
Stability
Fastening: Lace
22 - 39
4½, 6½

New!
Stability

Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

- **Code: 2578.9805**
  - Material: Patent - Black
  - Construction Method: Stitchdown
  - Fastening: Lace
  - Sizes: 22 - 39
  - Width: 5½

- **Code: 2580.9805**
  - Material: Patent - Black
  - Construction Method: Stitchdown
  - Fastening: Lace
  - Sizes: 22 - 39
  - Width: 4½, 6½

- **Code: 2572.0102**
  - Material: Nubuck - Fuchsia
  - Construction Method: Stitchdown
  - Fastening: Velcro
  - Sizes: 22 - 39
  - Width: 5½

- **Code: 2585.0102**
  - Material: Leather & Nubuck - Fuchsia
  - Construction Method: Stitchdown
  - Fastening: Velcro
  - Sizes: 22 - 39
  - Width: 4½, 6½
Stability

Please include the article code, therapy style, fastening, size and width when you place your order.
New models available when old stock is depleted.

Material: Leather - Black
Construction Method: Stitchdown
While stock lasts.

Material: Nubuck - Blue
Construction Method: Stitchdown
While stock lasts.

Code: 2575.9800
Stability
Fastening: Velcro
22 - 39
5½

Code: 2575.5604
Stability
Fastening: Velcro
22 - 39
5½

New!

Code: 2585.9800
Stability
Fastening: Velcro
22 - 39
4½, 6½

Code: 2585.5602
Stability
Fastening: Velcro
22 - 39
4½, 6½

New!
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.
Please include the article code, therapy style, fastening, size and width when you place your order.

**Material:** Leather - Black  
**Construction Method:** Stitchdown

**Code:** 2597.9826  
**Fastening:** Lace  
36 - 46  
5½, 7½

**Material:** Leather - Black Yellow Combi  
**Construction Method:** Stitch Through

**Code:** 2123.9807  
**Fastening:** Lace  
24 - 42  
4½, 6½

**New!**

**Material:** Leather - Black Fuchsia Combi  
**Construction Method:** Stitch Through

**Code:** 2133.9826  
**Fastening:** Velcro  
24 - 42  
4½, 6½

**New!**
Please include the article code, therapy style, fastening, size and width when you place your order.

New models available when old stock is depleted.

**Stability**

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<td>24 - 36</td>
<td>Velcro</td>
<td>4½, 6½</td>
</tr>
</tbody>
</table>

*While stock lasts.*

Contact: piedro@piedro.nl | +31 (0) 10 521 52 11 | www.piedro.com
Piedro® AFO Footwear is made specially for children who need to wear an AFO or inner shoe. The bio-mechanical requirements of the shoe are of major importance and our last is constructed to ensure correct position of the lower limb at an exact 90° angle and allows enough room for an AFO.

Features:
- Made on specialist footwear lasts to ensure the correct position of the lower limb is at 90°
- Additional space provided at the front and around heel
- Can accommodate stock or custom Ankle Foot Orthosis (AFO)
- Adaptable

Indications for use:
- To accommodate an Ankle Foot Orthosis (AFO)
- To accommodate an inner-shoe such as a Rainier Boot or Arizona splint for example

1. Soft padding around the collar to fix the AFO
2. Special shaped extended heel stiffener moulded to fit the AFO
3. Full leather flat insole to allow the AFO to sit at a 90° angle
4. Easily removable and adaptable lightweight sole-unit with anti-pronation function
5. Hard-wearing removable anti-slip full rubber sole layer
6. Sufficient toe-spring for easy roll-off
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Soft tongue padding to mould the shoe round the foot
10. AFO
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

The sizing table is available on pages 10 - 11.
Reverse Lasted

Piedro® Reverse Lasted correction footwear is designed to correct feet with extreme varus and/or adduction. The special last shape achieves this correction. Inside, the shoe is equipped with a special inlay which, in combination with an extended medical stiffener forms a curved wall and in conjunction with the toecap prevents the foot progressing further into adduction. At the same time abduction of the foot will be stimulated. This product is especially important for children who are born with clubfeet and treatment with reverse lasted shoes will help their feet to develop normally.

Features:
- Specialist last shape
- Extended medial stiffener to prevent the foot progressing further into adduction
- Made on extra depth lasts
- Removable anatomical footbeds
- Adaptable

Indications for use:
- Clubfoot or to stabilise the post-operative clubfoot
- Extreme varus and/or adduction of the foot
- To correct the peak position in the upper tarsal joint (pes equino-varus)
- To correct varus tilting in the lower tarsal joint and the further metatarsal area (pes varus)
- To stimulate abduction of the mid and forefoot
- To improve toe-off

1. Soft padding around the collar for a better fit
2. A special extended stiffener with curved wall to correct the foot shape
3. Full leather insole
4. Easily removable and adaptable (hard-wearing) sole-unit
5. Sufficient toe-spring for easy roll-off
6. Removable profiled cork inlay, inside shoe
7. High toe-box and strong toe-cap for protection of the toes
8. Extended facings for maximum accessibility
9. Extra padding around the ankle for more comfort
10. Soft tongue padding to mould the shoe round the foot
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

**Reverse Lasted**

- **Material:** Leather - Black
- **Construction Method:** Stitchdown
- **Code:** 2971.9800
  - Fastening: Lace
  - Size: 18-33
  - Width: 5½

- **Material:** Leather - Black
  - Construction Method: Stitchdown
- **Code:** 2980.9800
  - Fastening: Lace
  - Size: 18-33
  - Width: 3½, 5½

- **Material:** Nubuck - Blue
  - Construction Method: Stitchdown
- **Code:** 2971.5604
  - Fastening: Lace
  - Size: 18-33
  - Width: 5½

- **Material:** Nubuck - Blue
  - Construction Method: Stitchdown
- **Code:** 2980.5602
  - Fastening: Lace
  - Size: 18-33
  - Width: 3½, 5½

*While stock lasts.*

---

**Email:** piedro@piedro.nl
**Phone:** +31 (0) 10 521 52 11
**Website:** www.piedro.com
Please include the article code, therapy style, fastening, size and width when you place your order. New models available when old stock is depleted.

Reverse Lasted

**Material**: Patent - Black
**Construction Method**: Stitchdown

*While stock lasts.*

**Code**: 2978.9805
- Fastening: Lace
- Size: 18 - 33
- Width: 5

**Fastening**

**New!**

**Material**: Patent - Black
**Construction Method**: Stitchdown

**Code**: 2980.9805
- Fastening: Lace
- Size: 18 - 33
- Width: 3, 5

**Fastening**

**Material**: Nubuck - Fuchsia
**Construction Method**: Stitchdown

*While stock lasts.*

**Code**: 2972.0102
- Fastening: Velcro
- Width: 5

**Fastening**

**New!**

**Material**: Leather & Nubuck - Fuchsia
**Construction Method**: Stitchdown

**Code**: 2985.0102
- Fastening: Velcro
- Size: 18 - 33
- Width: 3, 5

**Fastening**
Piedro International BV
Jan van der Heijdenstraat 18-20
2665JA Bleiswijk
The Netherlands
Insoles & Inlays
Adaptions, Insoles or both?

Piedro® has a range of off-the-shelf and custom insoles available. Our RESPRO® and BioFit® Inlays are made on the same lasts as our Piedro® footwear for a perfect fit and can be ordered together with your footwear.
Pronation or eversion is the inward roll of the foot (medial malleolus) while walking or running. There are 3 main types of pronation in human gait:

- Neutral pronation
- Overpronation
- Underpronation or Supination

Neutral Pronation
Neutral pronation occurs when the foot experiences a normal, healthy amount of pronation instead of overpronating or underpronating. In healthy foot movement more of the toe area will be used during toe off (pushing off). In neutral pronation weight is distributed fairly evenly among all of the toes with more emphasis on the large and second toe.

Over Pronation
For those who overpronate they tend to toe off almost completely from the large and second toe. As a result, the shock from the foot’s impact with the ground does not spread evenly throughout the foot and the ankle has difficulty stabilising the rest of the body. In addition, an unnatural angle forms between the foot and ankle making the foot splay out abnormally.

Causes of Over Pronation:
- Tibia vara of 10 or more
- Forefoot varus
- Leg length discrepancy
- Ligamentous laxity
- Muscular weakness
- Tightness in the gastrocnemius and soleus muscles

Prevention & Treatment:
Wearing supportive orthotics in the shoe is a commonly used method to treat many injuries associated with pronation. The advantage of wearing foot orthotics (also known as insoles or inlays) is that they often allow the wearer to continue to participate in athletic activities and avoid other treatment options that could be potentially costly and time consuming.

Orthotics are the most effective treatment for symptoms that develop from unusual biomechanics within the body such as overpronation, resulting in either great improvement or complete healing of the injury in about half the cases*.

Effects of Over Pronation:
- Medial tibial stress syndrome
- Shin Splints
- Knee Pain


Supination
Supination is the opposite, and occurs when the foot impacts the ground and there is not enough of an “inward roll” in the foot’s motion. The weight of the body isn't transferred at all to the big toe, forcing the outside of the foot and the smaller toes.

Piedro® insoles
Widths 1½ - 3½ 99050
Widths 4½ - 5½ 99055
Widths 6½ - 8½ 99060

* Please state model, size and width required when ordering.
Features:
- Available in sizes 18 - 44 and supplied in pairs.
- 3 cm heel cup depth.
- Compatible with Piedro® and most shop bought footwear.
- Provides support and stabilisation for the developing foot.
- Contoured to provide support to the longitudinal and peroneal arches.
- Helps to support and stabilise the sub-talar and mid-tarsal joints.
- Neutral rear foot post incorporated.
- Easy addition of posts, wedges or raises.
- Navicular padding supplied.

<table>
<thead>
<tr>
<th>Size</th>
<th>Width</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>18 - 26</td>
<td>3½, 5½, 7½</td>
<td>HC01</td>
</tr>
<tr>
<td>27 - 44</td>
<td>3½, 5½, 7½</td>
<td>HC02</td>
</tr>
</tbody>
</table>

Mild to moderate over pronation. 
**Supplied in pairs.**
BioFit® - Biomechanical Functional Inlay Triple System

Most children are born with feet which, with normal growth and development, become both structurally stable and functionally efficient. If development problems occur which affect this structural stability, the function may well be impaired. Previous research has shown that permanent correction is due to development but there is also evidence to suggest that persistent abnormal function results in pathological structural changes. The longer structural and functional abnormalities go uncorrected, the more extensive the adaptive changes in bones, joints and soft tissue.

During normal gait, the sub talar joint moves from supinated at heel strike towards pronated at mid-stance, and then back towards supinated at toe-off. The range of these motions in the sub-talar joint determines the subsequent attitude and behaviour of the foot under weight bearing. Excessive pronation or supination can be influenced by intrinsic factors e.g. rearfoot / forefoot varus and extrinsic factors, e.g. genu valgum / varum, as well as developmental delay due to Cerebral Palsy. Our BioFit® inlay range is fully compatible and recommended for use with all Piedro® footwear.

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Width</th>
<th>Order Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Dynamic inlay</td>
<td>18-37</td>
<td>1½, 2½, 3½, 4½, 5½, 6½, 7½, 8½</td>
<td>98001</td>
</tr>
<tr>
<td>2. Neutral inlay</td>
<td>18-27</td>
<td>1½, 2½, 3½, 4½, 5½, 6½, 7½, 8½</td>
<td>98000</td>
</tr>
<tr>
<td>3. Pronation control</td>
<td>18-37</td>
<td>1½, 2½, 3½, 4½, 5½, 6½, 7½, 8½</td>
<td>98002</td>
</tr>
</tbody>
</table>

BioFit® Dynamic Inlay
Over Pronation, cerebral palsy, neurological impairment, support for longitudinal & peroneal arches

1.

Features:
- Split sizes & widths available with no surcharge
- Provides support and stabilisation for the developing foot
- Contoured to provide support to the longitudinal and peroneal arches without undue pressure
- Deep heel cup with medial and lateral flanges
- Neutral rear foot post incorporated into moulding
- Stabilises and supports the tarsometatarsal junction and the metatarsal dome
- Stabilises the metatarsal phalangeal joints, helps to maintain the integrity of the transverse curvature
- Stabilises the hallux, promoting better reactions
- Easy addition of posts, wedges or raises
- Fully customisable to your patients’ requirements
- Single construction, heat mouldable EVA shell
- Suedette cover
BioFit® Neutral Inlay
Support and correction for the over-pronating foot

Features:
- Split sizes & widths available with no surcharge
- Contoured to provide support to the longitudinal and peroneal arches without undue pressure
- Deep heel cup with medial and lateral flanges when used in combination with Piedro® footwear helps to support and stabilise the mid-tarsal joints
- Easy addition of posts, wedges or raises
- Ability to customise to your individual patients’ requirements
- Suedette cover
- Single construction, heat mouldable EVA shell

BioFit® Pronation Control Inlay
Support and stabilisation for the developing foot

Features:
- Split sizes & widths available with no surcharge
- Provides support and stabilisation for the developing foot
- Deep heel cup with medial and lateral flanges
- Posted specifically to support and promote correct hind-foot development in the immature foot
- 4mm medial post incorporated into heel shape
- Contoured to provide support to the longitudinal and peroneal arches without undue pressure neutral stabilising block added to heel
- Easy addition of posts, wedges or raises
- Fully customisable to your patients’ requirements
- Single construction, heat mouldable EVA shell
- Suedette cover
A stock inlay range available in full and 3/4 lengths with standard and arch filled options that provide support and correction for the over-pronating foot.

**Features:**
- Full length and 3/4 length inlays available
- Standard and arch filled options
- Compatible with Piedro® and most shop bought footwear
- Contoured to provide support to the longitudinal and peroneal arches
- Neutral rearfoot post incorporated
- Easy addition of posts, wedges or raises
- Deep heel cup, when used with Piedro® footwear helps to stabilise the sub-talar and mid-tarsal joints
- Heat mouldable
- Suedette cover
- Sold in pairs

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Width</th>
<th>Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Standard full length</td>
<td>18-50</td>
<td>1½, 2½, 3½, 4½, 5½, 6½, 7½, 8½</td>
<td>98004</td>
</tr>
<tr>
<td>2. Standard 3/4 length</td>
<td>18-45</td>
<td>1½, 2½, 3½, 4½, 5½, 6½, 7½, 8½</td>
<td>98005</td>
</tr>
<tr>
<td>3. Arch filled length</td>
<td>18-50</td>
<td>1½, 2½, 3½, 4½, 5½, 6½, 7½, 8½</td>
<td>98006</td>
</tr>
<tr>
<td>4. Arch filled 3/4 length</td>
<td>18-45</td>
<td>1½, 2½, 3½, 4½, 5½, 6½, 7½, 8½</td>
<td>98007</td>
</tr>
</tbody>
</table>
Respro® standard inlays
Mild to Moderate Over Pronation

An over pronator does not absorb shock effectively, arches collapse and the foot will roll inwards. RESPRO® inlays hold the foot in their correct anatomical position and helps to distribute weight evenly over the foot, relieve pain and provide support.

Features:
- Holds feet in the correct anatomical position
- RESPRO® Inlays fit perfectly into Piedro footwear
- Can be customised by heat moulding or trimming
- Helps to distribute weight evenly over the foot
- Available in full and 3/4 length models

Respro® arch filled inlays
Moderate to High Levels of Over Pronation

Arch filled RESPRO® inlays provide a higher level of arch support than our standard model as the arch area is filled. Arch filled models are recommended where higher levels of foot control and support is required.

Features:
- Helps to relieve foot, ankle, leg, hip and lower back pain associated with over pronation
- RESPRO® Inlays fit perfectly into Piedro footwear
- Holds feet in their correct anatomical position
- Helps to distribute weight evenly over the foot
- Available in full and 3/4 length models
Footwear adaptions & repairs

Piedro® footwear adaptions are carried out by our first-class Footwear Technicians using our original Piedro® high quality materials and components for the best possible match and finish.

<table>
<thead>
<tr>
<th>Code</th>
<th>Adaption</th>
</tr>
</thead>
<tbody>
<tr>
<td>B001</td>
<td>Outside raise up to 25mm with a rand</td>
</tr>
<tr>
<td>B002</td>
<td>Each subsequent 25mm or part thereof</td>
</tr>
<tr>
<td>B003</td>
<td>Outside raise up to 25mm without a rand</td>
</tr>
<tr>
<td>B004</td>
<td>Each subsequent 25mm or part thereof</td>
</tr>
<tr>
<td>B005</td>
<td>Heel raise up to 25mm</td>
</tr>
<tr>
<td>B006</td>
<td>Heel lowering</td>
</tr>
<tr>
<td>B007</td>
<td>Heel seat or valgus / varus wedge</td>
</tr>
<tr>
<td>B008</td>
<td>Stirrup, heel, toe raising or caliper retaining strap</td>
</tr>
<tr>
<td>B009</td>
<td>Any additional padding</td>
</tr>
<tr>
<td>B010</td>
<td>Lowering the upper beneath the ankle</td>
</tr>
<tr>
<td>B011</td>
<td>Addition of a cuff to increase the upper height</td>
</tr>
<tr>
<td>B012</td>
<td>Extending the opening down to the toe</td>
</tr>
<tr>
<td>B013</td>
<td>Conversion to Velcro® fastening per strap</td>
</tr>
<tr>
<td>B014</td>
<td>Addition of lambs wool lining or similar</td>
</tr>
<tr>
<td>B015</td>
<td>Addition of high or elongated stiffner to the medial or lateral aspect</td>
</tr>
<tr>
<td>B016</td>
<td>Addition of a metatarsal bar</td>
</tr>
<tr>
<td>B017</td>
<td>Rocker sole</td>
</tr>
<tr>
<td>B018</td>
<td>Fitted sole wedge</td>
</tr>
<tr>
<td>B019</td>
<td>Floated sole</td>
</tr>
<tr>
<td>B020</td>
<td>Sole strip or full sole plate in composite/ steel carbonfibre material</td>
</tr>
<tr>
<td>B021</td>
<td>Sole strip or full sole plate in non-composite/ steel material or weighted heels</td>
</tr>
<tr>
<td>B022</td>
<td>Rubber or steel tip to the sole or heel</td>
</tr>
<tr>
<td>B023</td>
<td>Welt protector / bumper</td>
</tr>
<tr>
<td>B024</td>
<td>External protective toe cap / sneath heel</td>
</tr>
<tr>
<td>B025</td>
<td>Full or half elongated, oblique, floated heel, heel wedge or torque heel</td>
</tr>
</tbody>
</table>

* All Footwear Adaptions apply to single items of footwear unless otherwise indicated.
**Footwear adaptations & repairs**

<table>
<thead>
<tr>
<th>Code</th>
<th>Adaption</th>
</tr>
</thead>
<tbody>
<tr>
<td>B030</td>
<td>Socket without front or back stops</td>
</tr>
<tr>
<td>B031</td>
<td>Socket with front or back stops</td>
</tr>
<tr>
<td>B033</td>
<td>Padded T or Y Strap</td>
</tr>
<tr>
<td>B034</td>
<td>Double decker T or Y strap</td>
</tr>
<tr>
<td>B040 A</td>
<td>Full or 3/4 length non moulded inlay in non-shock absorbent material Bontex, plastazote etc</td>
</tr>
<tr>
<td>B040 B</td>
<td>Full or 3/4 length non moulded inlay in shock absorbent material Bontex, plastazote etc</td>
</tr>
<tr>
<td>B041</td>
<td>Metatarsal or valgus support or heel pad fitted to B040A</td>
</tr>
<tr>
<td>B042</td>
<td>Metatarsal or valgus support or heel pad fixed to the shoe</td>
</tr>
<tr>
<td>B043</td>
<td>Heel elevator, cork HDP or EVA with suitable covering</td>
</tr>
<tr>
<td>B054 A</td>
<td>Functional foot orthosis moulded to cast - composite material</td>
</tr>
<tr>
<td>B054 B</td>
<td>Functional foot orthosis moulded to cast - high temperature thermoplastic</td>
</tr>
<tr>
<td>B054 C</td>
<td>Functional foot orthosis or total contact inlay moulded to cast</td>
</tr>
<tr>
<td>B056</td>
<td>Functional foot orthosis posting</td>
</tr>
<tr>
<td>B057</td>
<td>Stretching of footwear</td>
</tr>
</tbody>
</table>

* All Footwear Adaptions apply to single items of footwear unless otherwise indicated.

<table>
<thead>
<tr>
<th>Code</th>
<th>Repair</th>
</tr>
</thead>
<tbody>
<tr>
<td>C001</td>
<td>Renew inside raise up to 25mm</td>
</tr>
<tr>
<td>C002</td>
<td>Each subsequent 25mm or part thereof</td>
</tr>
<tr>
<td>C011</td>
<td>Re-stitch upper per 25mm or part thereof</td>
</tr>
<tr>
<td>C013</td>
<td>Replace eyelets, ski-hooks or D-rings - per pair</td>
</tr>
<tr>
<td>C021</td>
<td>Soling of heeling in synthetic material or rubber - per pair</td>
</tr>
<tr>
<td>C025</td>
<td>Through soling, synthetic, rubber or leather</td>
</tr>
<tr>
<td>C027</td>
<td>Renew stick on soles - per pair</td>
</tr>
</tbody>
</table>

* All Footwear Repairs apply to single items of footwear unless otherwise indicated.

<table>
<thead>
<tr>
<th>Code</th>
<th>Adaption</th>
</tr>
</thead>
<tbody>
<tr>
<td>BNS056</td>
<td>Additional work required</td>
</tr>
<tr>
<td>BNS058</td>
<td>Charge for inserting carbon / steel into sole</td>
</tr>
</tbody>
</table>

---

*piedro@piedro.nl | + 31 (0) 10 521 52 11 | www.piedro.com | 51*
Efficient Delivery

We aim to despatch all stock item orders on the same day of receipt. If you place your order before 1pm Monday to Friday we will always try to send it the same day, otherwise it will be shipped the next working day. Made to order or out of stock items will take longer to despatch. Due to our wide variety of footwear styles, in numerous sizes, colour and width options we occasionally encounter stock shortages on popular models. In these cases we will endeavour to offer an alternative model, otherwise despatch will take approximately 2 - 3 weeks.

All deliveries are shipped as per our customers requests but cannot be guaranteed. From time to time orders may be delayed due to external factors such as the carrier or weather for example.

Payment Terms

Items from the Stock Collection (Essentials Range) can be returned to us for an exchange or refund within 30 days from the date of despatch provided the items are unused/unworn and in their original packaging. Items from the Made to Order (Concepts Collection) are non-returnable and non-refundable unless faulty.

Making a complaint

Firstly please get in touch with our Customer Services Department who will be happy to assist you with any queries or problems.

Returns Policy

If for any reason you are unhappy with your item(s) simply complete the returns form (on the reverse of your delivery note) and send your unused/unworn item(s) to us in their original packaging within 30 days from the date of despatch for a refund or exchange (concepts items are non-refundable unless faulty). Please see our price list for our full Returns Policy.

Stock split size or width footwear

Stock split size/width footwear is subject to a 60% surcharge. They can be returned to us for an exchange or refund within 30 days from the date of despatch provided the items are unused/unworn and in their original packaging.

Made to order

Made to order items are manufactured to the patients specification, they are non-returnable for credit or exchange unless faulty. Made to order items can be manufactured in split sizes at no additional cost.

Extra Catalogues / Price Lists

If you or any of your friends/colleagues would like a copy of our catalogue or price list please call our Customer Services Team on 0845 617 1976 or email customerservices@piedro-uk.co.uk.

Additional Information:

From time to time styles, colours and prices may vary slightly. Slight colour variations may also occur during the printing process.
Order Form
Piedro® Footwear

Delivery Address:

Invoice Address:

Order Number:

Telephone Number:

Purchaser’s Name:

Patient's Name/Reference:

Model No:

Therapy Styles: (e.g. Rehab, AFO, Stability, Reverse)
- Rehabilitation
- AFO
- Stability
- Reverse Lasted

Colour Code:

Fastening: (e.g. Lace, Velcro, Buckle)
- Lace
- Velcro
- Buckle

Left Foot Size:

Right Foot Size:

Left Foot Width:
(e.g. 1½ - 8½ or if AFO Type - N, R or W)

Right Foot Width:
(e.g. 1½ - 8½ or if AFO Type - N, R or W)

Any other information/Adaptions:

EMAIL ORDERS TO: piedro@piedro.nl OR FAX TO: +31 (0) 10 521 49 61
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t: +31 (0) 10 521 52 11 | f: +31 (0) 10 521 49 61 | www.piedro.com | piedro@piedro.nl
Piedro® is the leading Dutch manufacturer of high quality Therapy & Orthopaedic footwear.
Order online, phone, post or fax